


# **TWO FOOT HIGHER TRAMPOLINE/DMT CLUB**

## **TRAMPOLINE/DMT PERSONAL PROFILE**

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### **PERSONAL DETAILS**

<b>Name:</b>	<b>Alice Sparks</b>
<b>Date of Birth:</b>	<b>20 January 1993</b>
<b>Document Version:</b>	<b>1 (04 August 2011)</b>
<b>Photo</b>	
<b>Coach:</b>	<b>Bruce Craig</b>
<b>Current Age Group:</b>	<b>Trampoline: 15+ DMT: 15+</b>
<b>Current Competition Grade:</b>	<b>Trampoline: REG E DMT: NAT C</b>

**Interests and Ambitions:**

**Interests:** I am interested in trampolining for people with disabilities and would love get a disabilities add on module and start a trampoline class for people with disabilities.

I also trampoline at St Andrews University and I am on their committee, bringing university trampolinists to Scottish Grading competitions is also something I want to do and continue.

**Ambitions:** I would like to become a more qualified trampoline coach and also get a double mini trampoline coaching qualification. I also want to become a better trampolinist, raise my flight time and gain more skills.

**PERFORMANCE DETAILS (TRAMPOLINE)**

<b>Highest Difficulty in Competition:</b>	<b>3.0 (April 2011)</b>	
<b>Highest First Round Score (Grade/Age Group):</b>	<b>23.0 (April 2011, Perth) LEVEL F 15+ 21.6 (June 2011, Perth) REG E 15+</b>	
<b>Highest Second Round Score (Grade/Age Group):</b>	<b>24.8/3.0 (April 2011, Perth) LEVEL F 15+</b>	
<b>Highest Two Round Score (Grade/Age Group):</b>	<b>47.8 (April 2011, Perth) LEVEL F 15+</b>	
<b>Highest Three Round Score (Grade/Age Group):</b>	<b>N/A</b>	
<b>Highest Flight Time (Training)</b>	<b>15.4 s</b>	
<b>Scottish Nationals History:</b>	<b>2009</b>	<b>13<sup>th</sup> LEVEL G 15+</b>
	<b>2010</b>	<b>3<sup>rd</sup> LEVEL G 15+</b>
	<b>2011</b>	
<b>British Nationals History</b>	<b>2009</b>	<b>N/A</b>
	<b>2010</b>	<b>N/A</b>
	<b>2011</b>	<b>N/A</b>
<b>International History</b>	<b>2011</b>	<b>N/A</b>

**PERFORMANCE DETAILS (DMT)**

<b>Highest Difficulty in Competition:</b>	<b>0.7 +0.6+ 0.6+ 1.2 = 3.1 (October 2011, Banchory) 15+ REG D</b>		
<b>Highest Scoring Pass (Grade/Age Group):</b>	<b>29.1/1.2 (October 2010, Banchory) 15+ REG D</b>		
<b>Highest Preliminary Score (Grade/Age Group):</b>	<b>57.0/1.3 (October 2010, Banchory) 15+ REG D</b>		
<b>Highest Two Round Score (Grade/Age Group):</b>	<b>114.3/3.1 (October 2011, Banchory) 15+ REG D</b>		
<b>Current Passes:</b>	<b>Mount</b>	<b>Spotter</b>	<b>Dismount</b>
	<b>-</b>	<b>Back (T)</b>	<b>Rudi (S)</b>
	<b>Barani (T)</b>	<b>-</b>	<b>Back (T)</b>
		<b>Back (P)</b>	<b>Front (P)</b>
	<b>Barani (S)</b>		<b>Full back</b>
<b>Scottish Nationals History:</b>	<b>2010</b>	<b>3rd 15+ REG D</b>	
	<b>2011</b>		
<b>British Nationals History:</b>	<b>2011</b>	<b>N/A</b>	