


TWO FOOT HIGHER TRAMPOLINE/DMT CLUB TRAMPOLINE/DMT PERSONAL PROFILE

PERSONAL DETAILS

Name:	Ruth Sibbald
Date of Birth:	30 June 1996
Document Version:	8 (October 2012)
Photo	
Coach:	Bruce Craig/Kyle Lancashire
Current Age Group:	Trampoline: U19 DMT: 15+
Current Competition Grade:	Trampoline: NAT C DMT: NAT C

PERFORMANCE DETAILS (TRAMPOLINE)

Highest Difficulty in Competition:	5.4 (June 2012)	
Highest First Round Score (Grade/Age Group):	21.4 (November 2012, Perth) NAT C	
Highest Second Round Score (Grade/Age Group):	27.3/5.1 (September 2012, Perth) NAT C	
Highest Two Round Score (Grade/Age Group):	46.9 (June 2012, Perth) NAT C	
Highest Three Round Score (Grade/Age Group):	71.0 (June 2012, Perth) NAT C	
Highest Fight Time (Training)	16.0 s	
Scottish Nationals History:	2009	N/A
	2010	2nd LEVEL G U15
	2011	8th LEVEL E 15+
	2012	5th NAT C U17
British Nationals History	2009	N/A
	2010	N/A
	2011	N/A
	2012	N/A
International History	2011	N/A

PERFORMANCE DETAILS (DMT)

Highest Difficulty in Competition:	1.2 +1.6 + 1.3 + 1.6 = 5.7 (November 2011, Banchory)		
Highest Scoring Pass (Grade/Age Group):	30.0/1.6 (September 2012, Banchory) 15+REG C		
Highest Preliminary Score (Grade/Age Group):	56.6/1.4 (October 2010, Banchory) 15+REG D 57.7/2.8 (November 2011, Banchory) 15+ NAT C		
Highest Two Round Score (Grade/Age Group):	115.1 / 5.7 (November 2011, Banchory) 15+ NAT C		
Current Passes:	Mount	Spotter	Dismount
	-	40o	41/
	41/	-	42/
		40<	40<
		42/	41o
Scottish Nationals History:	2010	11 th U15 REG D	
	2011	5 th 15+ NAT C	
	2012	1 st 15+ NAT C	
	2013	Qualified	
British Nationals History:	2011	N/A	
	2012	N/A	
	2013	N/A	