



**TWO FOOT HIGHER TRAMPOLINE/DMT CLUB
TRAMPOLINE/DMT PERSONAL PROFILE**

PERSONAL DETAILS

Name:	Hamish Colgan
Date of Birth:	08 August 1998
Document Version:	24 (August 2017)
Photo	
Coach:	Bruce Craig
Current Age Group:	Trampoline: 19+ DMT: 19+
Current Competition Grade:	Trampoline: NDP Performance DMT: NDP 7



PERFORMANCE DETAILS (TRAMPOLINE)

Highest Difficulty in Competition:	8.5 (April 2014, Perth) NDP 7 15-16	
Highest First Round Score (Grade/Age Group): (NDP 7 Set)	39.190/15.190 (Scottish Nationals, October 2014) (NDP7 15-16) 25.3 (Scottish Qualifier, August 2017)	
Highest Second Round Score (Grade/Age Group): (FIG Set)	Not Applicable	
Highest Voluntary Score:	47.445/15.545/8.5 (June 2014, Newcastle NDP7) 33.1/8.0 (Scottish Qualifier, August 2017)	
Highest Two Round Score (Grade/Age Group):	85.820/8.5 (June 2014, Newcastle NDP 7 15/16)	
Highest Time of Flight (Set)	15.275 (Spring Series 4, Newcastle June 2014)	
Highest Time of Flight (Vol)	15.545 (Spring Series 4, Newcastle June 2014)	
Scottish Nationals History	2011 2012 2013 2014 2015 2016 2017	5 th REG F 1 st NAT C U15 2 nd FIG B U17 2 nd NDP 7 15-16 Boys Retired Retired Qualified
British Nationals History	2013 2014	6 th (NAT C U17) DNQ
International History	2013	Aalsmeer Flower Cup 34.33/14.43 + 39.78/14.68/5.1 = 74.11



PERFORMANCE DETAILS (DMT)

Highest Difficulty in Competition:	3.0 +2.7+ 3.3+ 2.1 = 11.1 (March 2014, Banchory)		
Highest Scoring Pass (Grade/Age Group):	31.7/3.0 (June 2014, Newcastle) 15-16 NDP 8		
Highest Preliminary Score (Grade/Age Group):	63.1/5.7 (March 2014, Banchory) 15-16 NDP 8		
Highest Two Round Score (Grade/Age Group):	123.1/11.1 (March 2014, Banchory) 15-16 NDP 8		
Current Passes:	Mount	Mount	Mount
	41/		800o
		40/	801 o
		42/	801<
	43/		42/
Scottish Nationals History:	2011	4 th NAT C U15	
	2012	2 nd NAT C U15	
	2013	3 rd FIG B 15+	
British Nationals History:	2012	4 th NAT C U15	
	2013	2 nd NAT C U19	



Current Routines (July 2017)

Set Routine	Voluntary Routine	Difficulty
30/f	801<	1.0
51o	40/	0.6
>	801o	1.1
41o	800o	1.0
40o	41/	0.6
41<	42/	0.7
40<	43/	0.8
41/	40<	0.6
40/	41o	0.6
42/	811o	1.1
		8.5

Future Routines (Target April 2018)

Voluntary Routine	Difficulty
821/	1.5
811<	1.4
801<	1.3
811o	1.2
801o	1.1
800o	1.0
41/	0.6
42/	0.7
41o	0.6
800<	1.2
	10.6

