

## TWO FOOT HIGHER TRAMPOLINE/DMT CLUB TRAMPOLINE/DMT PERSONAL PROFILE

## PERSONAL DETAILS

| Name: | Niamh Paterson |
| :---: | :---: |
| Date of Birth: | 12 February 2000 |
| Document Version: | Version 2 (September 2016) |
| Photo | Bruce Craig/Kyle Lancashire |
| Coach: | Trampoline: 15-16 |
| DMT: 15-16 |  |



## PERFORMANCE DETAILS (TRAMPOLINE)

| Highest Difficulty in <br> Competition: | 5.9 (Scottish Nationals, Oct 2015, NDP6) |  |
| :---: | :---: | :---: |
| Highest First Round Score <br> (Grade/Age Group): | 22.5 (ScottishNationals September 2015) <br> (NDP5) |  |
| Highest Second Round Score <br> (Grade/Age Group): | $27.6 / 5.3$ (Scottish Nationals September 2016) |  |
| (NDP5) |  |  |



PERFORMANCE DETAILS (DMT)



CURRENT ROUTINES
(NDP 6)

| Set | Vol | DD |
| :---: | :---: | :---: |
| $\mathbf{4 0 /}$ | $\mathbf{4 0 /}$ | $\mathbf{0 . 6}$ |
| $41 /$ | $\mathbf{4 1} /$ | $\mathbf{0 . 6}$ |
| $\mathbf{V}$ | $\mathbf{4 0}<$ | $\mathbf{0 . 6}$ |
| $\mathbf{4 0}<$ | $\mathbf{4 1}<$ | $\mathbf{0 . 6}$ |
| $41<$ | $\mathbf{4 0 0}$ | $\mathbf{0 . 5}$ |
| $\mathbf{0}$ | $\mathbf{4 1 0}$ | $\mathbf{0 . 6}$ |
| $\mathbf{4 1 0}$ | $\mathbf{3 0 0}$ | $\mathbf{0 . 7}$ |
| $\mathbf{4 0 0}$ | $\mathbf{4 0 0}$ | $\mathbf{0 . 3}$ |
| $<$ | $\mathbf{4 0}<$ | $\mathbf{0 . 6}$ |
| $\mathbf{4 0}<$ |  | $\mathbf{0 . 6}$ |
|  |  | $\mathbf{5 . 6}$ |

FUTURE ROUTINES (NDP 6)

| Set | Vol | DD |
| :---: | :---: | :---: |
| $\mathbf{4 0} /$ | $\mathbf{4 0} /$ | $\mathbf{0 . 6}$ |
| $\mathbf{4 1 /} /$ | $\mathbf{4 1} /$ | $\mathbf{0 . 6}$ |
| $\mathbf{V}$ | $\mathbf{4 2} /$ | $\mathbf{0 . 7}$ |
| $\mathbf{4 0}<$ | $\mathbf{4 1 0}$ | $\mathbf{0 . 6}$ |
| $\mathbf{4 1}<$ | $\mathbf{4 0 0}$ | $\mathbf{0 . 5}$ |
| $\mathbf{0}$ | $\mathbf{4 1}<$ | $\mathbf{0 . 6}$ |
| $\mathbf{4 1 0}$ | $\mathbf{4 0}<$ | $\mathbf{0 . 6}$ |
| $\mathbf{4 0 0}$ | $\mathbf{3 0} /$ | $\mathbf{0 . 3}$ |
| $<$ | $\mathbf{5 1 0}$ | $\mathbf{0 . 7}$ |
| $\mathbf{4 0}<$ | $\mathbf{4 0}<$ | $\mathbf{0 . 6}$ |
|  |  | 5.8 |

