

TWO FOOT HIGHER TRAMPOLINE/DMT CLUB TRAMPOLINE/DMT PERSONAL PROFILE

PERSONAL DETAILS

Name:	Niamh Paterson
Date of Birth:	12 February 2000
Document Version:	Version 2 (September 2016)
Photo	
Coach:	Bruce Craig/Kyle Lancashire
Current Age Group:	Trampoline: 15-16 DMT: 15-16
Current Competition Grade:	Trampoline: NDP5 DMT: NDP5



PERFORMANCE DETAILS (TRAMPOLINE)

Highest Difficulty in Competition:	5.9 (Scottish I	Nationals, Oct 2015, NDP6)
Highest First Round Score (Grade/Age Group):	22.5 (Scottish	Nationals September 2015) (NDP5)
Highest Second Round Score (Grade/Age Group):	27.6/5.3 (Scottis	sh Nationals September 2016) (NDP5)
Highest Two Round Score (Grade/Age Group):	50.1/5.2 (Scottis	sh Nationals September 2016) (NDP 5)
Highest Fight Time (Training)		15.3
Scottish Nationals History:	2015 2016	NDP 6 2 nd NDP 5 3 rd
British Nationals History	2015 2016	DNQ DNQ



PERFORMANCE DETAILS (DMT)

Highest Difficulty in Competition:		6 + 1.3 +1.2 ationals Oc NDP	tober M	
Highest Scoring Pass	29.7/1.3 (Scottish Nationals, Perth September 2015) NDP 6			
Highest Preliminary Score	59.3 (Scottish Nationals, Perth September 2015) NDP 6			
Highest Two Round Score	116.7 (Scottish Nationals, Perth September 2015) NDP 6			
	Mount	Spott	er	Dismount
		40/		41 /
Current Passes:	41/			40/
		400		42/
	41o			40<
Scottish Nationals History:	2015	2015 3 rd NDP6		
British Nationals History:	2015			



CURRENT ROUTINES (NDP 6)

Set	Vol	DD
40/	40/	0.6
41/	41/	0.6
V	40<	0.6
40<	41<	0.6
41<	400	0.5
0	410	0.6
410	40 <b< td=""><td>0.7</td></b<>	0.7
40o	30ob	0.3
<	400	0.6
40<	40<	0.6
		5.6

FUTURE ROUTINES (NDP 6)

Set	Vol	DD
40/	40/	0.6
41/	41/	0.6
V	42/	0.7
40<	410	0.6
41<	40o	0.5
0	41<	0.6
410	40<	0.6
40o	30/	0.3
<	510	0.7
40<	40<	0.6
		5.8